

# Otetiana/Finger Lakes Council

## Illness Prevention Plan

In an effort to minimize the spread of illness (especially flu and norovirus) our camps have adapted the following plan.

- 1) **Screen incoming campers (and visitors) well to keep sick people from bringing illness into camp.** Incoming campers who have fevers over 100 degrees or who are experiencing vomiting & diarrhea should be quarantined and sent home, rather than being allowed into camp to infect others. We will give full refunds for these, if they leave before experiencing any camp program. Where possible they may return to camp later in the session or reschedule for a later session once healthy again. Units are encouraged not to bring sick campers to camp.
- 2) **Hand washing after using the bathroom and before eating.** Camp directors & staff need to promote hand washing regularly with leaders and youth (incl. staff). Hand washing stations filled with hand sanitizer are located at each door entering the Dining Hall. Staff members are present to ensure all who enter use sanitizer. Campsites have soap at washstands and at each latrine. Staff will use every opportunity to educate campers on importance of hand washing and personal hygiene.
- 3) **Isolate sick (possible flu/norovirus) campers and staff quickly, and keep isolated (or send home) until after 72 hours with no symptoms. Food service staff especially must not return to the kitchen until after 72 hours with no symptoms.**
- 4) **Dining tables and bathroom fixtures should be cleaned daily with a 1 in 50 bleach in water solution, by staff or adults. All dishwashing must follow BSA and NYS standards.**
- 5) **Since norovirus is highly contagious through vomit or feces, if a camp area is contaminated by a sick camper or staff vomiting or having a diarrhea accident, this area must be decontaminated carefully and thoroughly.** Any bystanders should be kept away from the area until it is cleaned. Those doing the clean up should wear gloves and masks, and use a 10% bleach: water solution. Any soiled linens should be washed on the washer's hottest water setting, and dried in a hot dryer.
- 6) **Ranger** staff will spray all latrines, washstands, outdoor tables, doorknobs daily with a 10% bleach solution and let air-dry. This will be done at times when programs are in session to minimize interference.

Camp Attendance Guidelines  
For  
Novel Influenza A (H1N1)

Otetiana Council has adopted the CDC Guidelines for Day and Residential Camps response of the Novel Influenza A (H1N1) Virus.

**Novel Influenza A (H1N1) Virus (Swine Flu)**

The symptoms of influenza usually include fever plus at least either cough or sore throat. These symptoms are often referred to as an influenza-like illness (ILI). Influenza infection can also lead to additional symptoms like headache, tiredness, runny or stuffy nose, body aches, chills, diarrhea, and vomiting. Like seasonal flu, novel influenza A (H1N1) infection in humans can vary in severity from mild to severe. When severe, pneumonia, respiratory failure and even death are possible.

Novel influenza A (H1N1) is thought to spread in the same way that seasonal influenza viruses spread, mainly through the coughs and sneezes of people who are sick with the virus. People may also become infected by touching something with flu viruses on it and then touching their mouth or nose.

**Reducing the Risk of Introducing Novel H1N1 Virus into the Camp Setting**

1. Persons who currently have or had had ILI in the previous 7 days should not attend camp for 7 days after their symptoms began or until they have been symptom-free for 24 hours, whichever is longer.
2. Camp attendees, staff and volunteers should immediately inform camp management if they currently have or have had an influenza-like illness (ILI) in the 7 days prior to arrival.
3. Parents will need to immediately remove campers who develop influenza-like illness symptoms.
4. If you must withdraw your child from camp, you may schedule to attend a later session of summer camp.

Should you have any questions about attending camp please contact Del Newquist at 585-241-8557.