

Wegmans



Veggie Patch

Cooking Class for Scouts

Tigers, Wolves, Bears, Daisies and Brownies

Customer Fact Sheet

Class goal: To spread the *Eat Well, Live Well* message by offering a hands-on experience where they can participate in food preparation, try new foods, and learn about making healthier choices.

How will the class goal be achieved? Scouts will prepare age-appropriate, simple recipes using fresh seasonal ingredients. Tips on nutrition and food safety are woven throughout in a fun, interactive way. Specific attention will be placed on food safety, including a discussion about the importance of hand washing.

Where are classes held? Classes are available in select Wegmans locations in all Wegmans market areas. Call 1-800-WEGMANS x4760 for current locations and times.

When are classes held? From October through June. Dates and times will vary from store to store. Classes will not be held in December.

How long is the class? 90 minutes. Classes begin after school between 3:30 p.m. and 6 p.m.

Class size: Minimum 12 Scouts per class; maximum 16 children per class. Adult chaperones must accompany the class (only one adult/four children, please).

Cost: \$12/child or \$144 minimum/class; payment is made at the store on the day of the class.

How do I register for a class? Scout troop leaders call Wegmans Consumer Affairs Department at 1-800-WEGMANS x4760 to schedule a time and date at one of our designated locations. Stores will not be making reservations. Please advise at this time if there are any food allergy concerns in the group. You will receive a confirmation email and/or phone call three days prior to your scheduled class.

Cancellation policy: If your group is unable to make the scheduled class, please call Consumer Affairs as soon as possible. We are requesting at least a two-day advance cancellation.

What will the group take home from this class?

- Each scout participating will receive a Wegmans Veggie Patch and a class handout containing recipes and lesson reinforcement activities.
- Brownie Girl Scouts will fulfill **many of the requirements** necessary to earn their "Make It, Eat It" Try It.
- All Cub Scouts complete the requirements for the "Nutrition Belt Loop;" helps Bear Cubs earn Achievement 9 "Cooking and Eating."

eat well live well™